Microbiology and Infectious Disease Academy

Course Description

Microbiology and Infectious Disease Academy will give students an opportunity to understand the basic cell and molecular biology, microbiology, immunology, genetics, epidemiology and public health initiatives surrounding the study of infectious disease. Malaria, HIV/AIDS, COVID19, influenza, smallpox as well as other endemic and pandemic species, both old and new will be discussed. The central dogma of molecular biology, the basics of the structure of the cell, the life cycle of pathogens, and the mammalian immune system will be covered in enough depth to give students the tools to comprehend the different strategies for preventing, testing, treating and educating the public on infectious disease. Students will work on case studies on several pathogens important in global health using concepts learned in daily lectures. Students will listen to or participate in interviews with a variety of experts whose work intersects with infectious disease, public health or pandemic response each day of the course. Students will visit biomedical research labs and perform microbiology experiments themselves to get handson experience in the field. Students will be asked to lead a discussion and prepare a final public service announcement for their peers, friends and family to educate them on 'what they need to know' about responding to the next pandemic.

Classroom Information and Schedule:

MWF at 830am – report to **Levin 111**. We will start in this classroom, then move to several Levin labs downstairs until lunchtime.

MWF after lunch - report to Fagin 116

TR – report to **Fagin 116** at 830am and after lunch

General Daily Schedule:

MWF:

830am: Prep for journal club or PSA

930am: Micro Lab

Noon: lunch

130pm: lecture and activities

TR:

830am: Lecture 10am: activities Noon: lunch

130pm: guest speakers, activities, and more

Academy Director:

Ruth Elliott is a Senior Lecturer in Biology at the University of Pennsylvania and teaches biochemistry and biology to students in both Penn's pre-health post-bac program and the fully online BAAS program. Before teaching full-time starting in 2020, she did biomedical research in a lab as a research technician in the Perelman School of Medicine. At the time she worked on a family of viruses no one cared about (yet), the coronaviruses. After years of tutoring as a side gig, she decided to make teaching her full-time gig, though she still misses hands-on research at times. During the COVID19 pandemic, the high school team asked her to teach the next generation about what was happening. Humbled, she consulted with many of the experts in the field to give students a well-rounded view of infectious disease and pandemics in hopes young people see how they can contribute to (better) infectious disease outbreak responses of the future. A team of pre-health students, aspiring doctors, teach the course with her every summer and is the highlight of the year for the whole team!

Instructors:
Dina Alnabulsi
Jenna Bockman
Ana DeCesare
Max Gauthier
Learning Goals

- Students will gain a basic understanding of the genetic code of DNA and how this translates to protein sequences
- Students will be able to list the basic components and processes of a cell and how these are used to replicate pathogens
- Students will learn the definitions and concepts behind key terminology that is familiar to them from reading the news on epidemics
- Students will collaborate with other students to analyze data, look up resources, interpret information found in articles, and put together a final public service announcement and pathogen review
- Students will be exposed to a variety of careers that are all involved in the prevention and treatment of infectious diseases and outbreaks
- Students will do several lab and hands-on activities and participate in field trips that allow them to do the work of microbiology and research themselves

Course Structure and Components

Classes will meet daily in from 8:30am-4pm in person on weekdays July 7-25. The lecture content comes largely from the field of microbiology. During class, first, students will actively participate in a lecture on the scientific principles required to understand a particular aspect of a pathogen life cycle, its pathogenesis in people and infectious disease outbreak management in populations. Following lecture, students will work in groups to do activities that encourage students to apply this knowledge to understand the information, news, data and outbreaks all around them. These activities might include field trips, discussions, debates, Q&A sessions with guest speakers and projects. Several hands-on activities like labs, research projects, games and lab visits will allow students to investigate and discover in the field of microbiology and biomedical research for themselves. Students will also listen to or participate in interviews from 'frontline workers', researchers, professors, virologists, microbiologists, or epidemiologists or public health experts involved currently or in the past pandemic response in the world and reflect on these interviews in small group discussions. A final project will have students present a review of an epidemic of a particular pathogen and lead a discussion on this with their peers as well as performing a public service announcement.

Components by Day:

Monday, July 7, Day 1: Epidemiology

Lead teacher: Professor Elliott Lecture Topic: Epidemiology

Activity: Lab Day 1, Analyzing Epi Curves and time machine

Interview: Grayson Privette

Tuesday, July 8, Day 2: Molecular Biology

Lead Teacher: Max Gauthier

Lecture Topic: Molecular Biology and the Central Dogma

Activity: epi curves, glow germ Interview: Drew Weissman, 2022

Visitor: Rene Najera

Wednesday, July 9 Day 3: Cells

Lead Teacher: Jenna Bockman

Lecture Topic: Prokaryotes and Eukaryotes
Activity: Lab Day 2, solving an outbreak

Interview: Drew Weissman, 2021

Thursday, July 10, Day 4: Natural Selection and Genetics

Lead Teacher: Ruth Elliott

Lecture Topic: natural selection and genetics

Activity: Pathogen of the Day Event: Water Works Field Trip Interview: Matthew Ferrari

Friday, July 11, Day 5: Microbiology I

Lead Teacher: Ruth Elliott

Lecture Topic: Microbiology part I

Activity: Day 3 Lab, Pathogen Life Cycles, Pathogen of the Day

Monday, July 14, Day 6: Microbiology II

Lead Teacher: Max Gauthier Lecture Topic: Microbes Part II Activity: Day 4 Lab, case study

Visitor: Kyle Rodino

Interview: Susan Weiss, 2021

Tuesday, July 15, Day 7: Immune System I

Lead Teacher: Ruth Elliott Lecture Topic: Innate Immunity

Activity: Visit Sunny Shin's Lab, medical anthropology reading

Visitor: Adam Mohr Interview: Scott Hensley

Wednesday, July 16 Day 8: Immune System II

Lead Teacher: Jenna

Lecture Topic: Adaptive Immunity

Activity: Micro Lab Day 5, scavenger hunt

Visitors: Cadwell Lab Interview: Kristine Rose

Thursday, July 17, Day 9: Prevention

Lead Teacher: Ana

Lecture Topic: prevention and antisepsis Activity: case study and journal club check-in

Visitor: Lori Mason

Interview: Susan Weiss, Stanley Perlman, Julian Leibowitz

Friday, July 18, Day 10: Surveillance

Lead Teacher: Ruth

Lecture topic: testing, reporting etc.

Activity: Day 6 Micro Lab, journal club prep

Monday, July 21, Day 11: Lab Day

Lead Teacher: none Lecture topic: none

Activity: Day 7 micro lab, Visit the Weiss lab

Tuesday, July 22, Day 12: Vaccines

Lead Teacher: Ruth Lecture topic: Vaccines

Activity: vaccine debate, journal club and PSA prep

Visitor: Paul Offit

Wednesday, July 23, Day 13: Social Determinants of Health

Lead Teacher: Ana Lecture Topic: SDOH

Activity: Day 8 Micro lab, case studies

Thursday, July 24, Day 14: Journal Clubs

Activity: Journal Clubs

Maybe: PSA or epic trivia or case study

Friday, July 25, Day 15: Final Day

Activity: Final Day of Lab, Thank you's, Goodbyes, Award Ceremony

Maybe: PSA or epic trivia or case study